

Who we serve

Persons 5 years of age and older with mental illnesses, personality disorders, behavior disorders, and other conditions that affect behavioral, intellectual, and emotional functioning.



Transitions - Choice and Integrated Care

Transitions understands that allowing you to choose your services, providers, venues, priorities, targeted goals, methods, and activities is crucial for maximum investment and commitment to your individual recovery. To that end, we listen closely to you and we work closely with many community providers, schools, funders, families, and businesses, as you wish, in order to ensure the best possible overall care, and that we meet your needs.

For Information

Call 309.283.1228.

For Referrals

Any individual or agency may make a referral by calling 309.283.1228.

Fees

Fees for services vary with the specific service requested and an individual's insurance and/or ability to pay.



Transitions
Mental Health Services

Where Action and Compassion Meet

Website: www.transmhs.org
Email: transitions@transmhs.org



08.2018



Transitions
Mental Health Services

Where Action and Compassion Meet



Administrative Offices Residential Services

P.O. Box 4238
805 19th Street
Rock Island, IL 61204-4238
V/TTY: 309.793.4993
Fax: 309.793.9053

Offices for Youth/Community Outreach Therapy/Psychiatric Services

2326 16th Street
Moline, IL 61265
V/TTY: 309.793.4993
Fax: 309.743.2277

Printed by The Printer's Mark



A Division of Transitions
Business Services

Mission

Transitions, an outcome-based organization, educates, advocates for and improves the health and well-being of individuals impacted by mental health challenges including their families and the community

About us

We are a community-based private not-for-profit organization providing therapy, psychiatric, skills training, outreach, counseling, school-based, advocacy, consultation/training and support services to persons with mental health challenges, their families and the general community. Our goal is to provide everyone we serve with the tools necessary to live a productive, safe, independent, healthy and satisfying life.

Our Philosophy

Transitions Mental Health Services is dedicated to the beliefs that:

- Recovery is a real possibility for every individual.
- Regardless of the severity of their illness, all persons have the right to receive quality, sensitive and responsive services.
- Services should be provided according to individual needs, priorities and goals.
- Choices of services, treatment, venues and activities should be provided whenever possible.
- Confidentiality and the individual rights of every person served must be protected and maintained.

Values Statement

Above all, we value, respect and honor the dignity of every individual in our community, and we are dedicated to providing them with the highest quality services possible.

Where Action & Compassion Meet



Transitions Mental Health Services

Offices for Transitions Therapy, Outreach,
Psychiatric and Employment Services
are located at:

2326 16th Street, Moline, IL 61265
309.283.1228

Services We Provide You

Community Outreach Services

We provide both private and group processing and skills-building sessions to help you work through current issues and obstacles that negatively impact your ability to live a productive, healthy, safe and satisfying life.



Youth Services

We provide opportunities for youths five years of age and older who are challenged by mental health issues. We will help you to overcome your challenges, disappointments, frustration and fears, and help you develop and achieve your fullest potential through life-skills development, education, therapy, counseling, and vocational training.

Employment Services

We provide you assistance if you are looking to find a new job, or retain the one you have. Specifically, we can help you, identify the kinds of jobs you might be interested in; search for those jobs; learn skills that will help you get hired, perform the duties of your job well; and work through any fears, concerns, and challenges. In addition, we offer employment and training in our agency-owned and operated community businesses:

- The Printer's Mark
- Property Professionals
- Transitions Commercial Cleaning



Therapy Services

We provide bachelor/masters level and licensed therapists offering you in-depth exploration of long-standing, deep-seated issues that have caused you major disruption in your ability to process, cope, achieve and improve your life. While therapy can be long or short term, it does consider recurring issues or problems which may take a period of time to work through in order for you to experience the greatest positive change and personal growth.

Psychiatric Services

We provide quality psychiatric services if you feel you can benefit from medications that can help to reduce your symptoms, improve your functioning, and live a life that is safe, healthy, productive and satisfying.

Advocacy Services

We provide advocacy assistance to you, your family, and other interested parties. We can help you if you are having difficulties accessing or utilizing services, support or treatment.

Residential Services

We provide short term and longer term 24 hour and intermittent care in supported living facilities if you need assistance with developing and improving the living and coping skills you need to successfully live independently in the community.

Consultation and Training Services

Consultation Services

We provide short-term individual and group consultation if you'd like help in understanding and responding to individuals demonstrating challenging symptoms, behaviors, personalities, and perspectives. Employers, co-workers, educators, religious staff, family members, law enforcement officials, and social service providers are examples of those who have received consultation services.

Training Services

Transitions Presents

Transitions Mental Health Services professionals are available to speak to community organizations, businesses, and schools on a variety of mental health issues.

Transitions will develop a presentation or workshop designed to fulfill your specific needs. Length of presentations may vary, from short 20-minute presentations to half-day or multi-day workshops. Please call 309.283.1206 to learn more.

Transitions Business Division

These Transitions-owned and operated Quad Cities businesses provide quality products to our community with competitive services and prices, while providing individuals receiving employment services from Transitions with safe, positive training and employment, working alongside professionals in the respective fields.



A Full Service Printing Company
1512 4th Ave • Rock Island, IL 61201
309.283.1308



Building Repair and Renovation Services
805 19th Street • Rock Island, IL 61201
309.283.1300



Janitorial Services: 309.283.1224

Please call us if we can meet your business, organization, or individual needs. Our business representatives will be happy to speak with you.